

~ Party Appetizers ~

Shrimp Cocktail MARKET PRICE
Tender u/15 shrimp arranged on a tray w/ homemade cocktail sauce.

Sweet Potato Crab Cakes 2.50
Mini crab cakes with sweet potato base, breaded with panko. With chipotle tarter sauce.

Filet Mignon on Crostini 2.50
Sliced rare filet mignon atop baby greens with wasabi whip cream.

Clams Casino 1.75
Littleneck clams on 1/2 shell topped with a mix of peppers & onions & bread crumbs finished with a strip of bacon.

Tomato & Pesto Brochetta 1.00
Tomato brochetta on a pesto covered crostini, topped with grated pecorino romano cheese.

Stuffed Mushrooms 1.50
Large mushroom caps stuffed with sweet sausage & seasoned bread crumbs.

Many additional choices available ... call for complete list!

Chicken Fingers 36/Full Pan ... 65/Half Pan
Breaded chicken fingers served with barbeque sauce and honey mustard sauce for dipping.

Buffalo Chicken Wings 34/Full Pan ... 63/Half Pan
Cooked up crisp and tossed with our own buffalo sauce.

~ Salads ~

Classic Caesar Salad FULL PAN/HALF PAN 30 50
Fresh romaine cut & mixed w/ homemade croutons and grated pecorino romano cheese, tossed with our creamy Caesar dressing.

Asian Salad 25 48
Fresh baby greens, tossed with mandarin orange segments, sliced almonds, topped with Chinese dry noodles and soy dressing.

Pear and Walnut Salad 25 48
Baby greens tossed with sliced fresh pears, chopped walnuts, garnished with sliced red onion and balsamic vinaigrette dressing.

Tossed Garden Salad 25 48
Romaine lettuce & baby greens mixed and tossed with cucumber, cherry tomato & carrot slices, house Italian dressing.

Roast Pepper and Fresh Mozzarella Salad ... 25 48
Slices of tender roast pepper with chunks of soft mozzarella marinated in olive oil with fresh garlic parsley and a hint of pesto.

Jersey Tomato Salad (Seasonal) 30 58
Fresh Jersey tomato wedges with sliced cucumber & red onion - our own house dressing.

Ryan's Deli and Catering
~ CATERING MENU ~

Macaroni Salad, Potato Salad and Creamy Cole Slaw 15/30
Pasta Salad w/ Fresh Chopped Vegetables & House Dressing 18/35
Cucumber & Red Onion Salad, Vinegar, Oil & Spices 22/38

~ Pasta ~

Penne Vodka Sauce FULL PAN/HALF PAN 33 62
A Real Favorite! Penne pasta tossed in a rich marinara sauce w/ heavy & vodka.

Baked Ziti 33 62
Mixed with ricotta 7 marinara, topped with mozzarella - baked till brown on top.

Cavatelle w/Broccoli 39 70
Fresh broccoli florets mixed with cavatelle pasta in a garlic sauce w/chicken stock.

Baked Stuffed Shells 33 62
Jumbo stifed shells w/ ricotta cheese covered in rich marinara sauce.

Cheese Tortellini Alfredo 39 70
Tiny cheese tortellini in a creamy rich alfredo sauce.

Rigatoni with Sweet Sausage & Fresh Spinach . 39 70
Sweet sausage & sautéed spinach mixed with rigatoni in a light garlic sauce w/grated pecorino romano cheese. (may be made in a plum tomato sauce)

Penne Primavera 39 70
Fresh vegetables in a rich creamy alfredo sauce w/ penne pasta

~ Chicken ~

Chicken Marsala 45 89
Tender chicken filets, suateed & browned and topped with a rich marsala wine sauce with sliced button mushrooms.

Chicken Francaise 45 89
Chicken filets, batter dipped in flour & egg, sautéed & topped with a light lemon cream sauce.

Chicken Murphy 45 89
peppers & onions and crispy potato cubes in a rich marinara sauce.

Chicken Cacciatore 45 89
Chicken tenders with peppers, onion, olives & mushrooms in a plum tomato sauce.

Baked Herb Chicken 35 69
On the bone, breast and thigh flavored with fresh herbs, garlic, oregano, basil and paprika - baked until golden brown.

Chicken Parmigana 3/piece
Breaded with italian flavored panko crumbs, cooked till golden brown and topped with marinara sauce and mozzarella.

~ Meat Entrees ~

Sausage and Peppers FULL PAN/HALF PAN 34 59
Sweet italian sausage & fresh peppers and onions in a rich marinara sauce.

Meat Balls Marinara 33 58
Large meatballs cooked in our own rich marinara sauce.

Sliced Top Round of Beef 43 84
Tender slices of rare to medium rare roast beef topped with a natural au jus sauce.

BBQ Ribs 45 90
Baby Back pork ribs slow cooked in our own chinese bar b que sauce, w/ honey and soy sauce.

~ Seafood ~

48 Hour Notice Requested on all Seafood

Roasted Garlic Shrimp MARKET PRICE
Large shrimp (16/20) roasted in our own scampi sauce

Fried Calamari 45 88
Fresh rings of calamari, deep fried crisp and served with a spicy dipping sauce.

Roasted Garlic Clams 9/dozen
Little Neck clams steamed in garlic & clam juice w/ a hint of red pepper flakes.

Grilled Ahi Tuna 72 140
Sesame crusted seared fresh tuna (med rare) with wasabi cream - served sliced or whole piece (8-10oz portions)

~ Sandwich Platters ~

Minimum 10 People

3 and 6 Foot Subs 15 per foot
Sliced and wrapped - choice of 2 meats, 1 cheese, lettuce, tomato, onion - oil & vinegar on side(24 Hour Notice if called by 12 Noon)

Sub Tray 36
3 whole subs cut in 5 pieces each (feeds 10-12 - includes 2 meats, 1 cheese, lettuce, tomato, onion - oil and vinegar on side.

Wrap Tray 62
8 wraps cut in 1/2, displayed on covered tray, feeds 10-12.

Fresh Fruit Platter 3.75pp
Includes fresh pineapple (in season), melon, watermelons, strawberries & grapes. (minimum 15 people)

Vegetable Platter 3.50pp
Included broccoli, cauliflower, red peppers, green onions, celery, cucumbers, carrots with herbed dip. (minimum 15 people)

We Can customize any order - give us a call at 732-854-9000!

Ryan's Deli & Catering
117 Boulevard • Seaside Heights, NJ 08751
Phone: 732-854-9000
www.ryansdeliandcatering.com